

2 | SLEEP ON IT

GRAMMAR

Past tenses with hypothetical meaning SB page 22

1 ★★ Circle the correct option.

- 1 It's time we *stop* / *stopped* talking and did something about it.
- 2 Mum wishes she *doesn't* / *didn't* have so much work to do.
- 3 I'd prefer to *text* / *text* him rather than give him a call.
- 4 If only our house *was* / *is* a bit bigger. I'd love to have my own bedroom.
- 5 I'd prefer he *say* / *said* sorry in person.
- 6 It's time *turn* / *to turn* off your computer and do something else.
- 7 I wish I *knew* / *know* the answer to that question. I really wish I *do* / *did*.
- 8 If only I *have* / *had* enough money to buy a new tablet.

2 ★★ Complete the sentences with the correct form of the verb in brackets.

- 1 It's time you _____ to bed. You can't stop yawning. (go)
- 2 I wish this bed _____ so hard. It's really uncomfortable. (not be)
- 3 If only I _____ some sleeping tablets. They would help me get to sleep. (have)
- 4 I'd prefer it if you _____ talking. I'm trying to get to sleep. (stop)
- 5 If only the neighbours _____ their music so loud. I can't get to sleep. (not play)
- 6 I wish I _____ stop thinking about my exam tomorrow. (can)
- 7 It's time we _____ a new bed. This one's about to collapse. (buy)
- 8 I'd prefer it if we _____ the light on. It's stopping me from getting to sleep. (not keep)

3 ★★ Rewrite the sentences using the word in brackets.

- 0 You need to get up now. (time)
It's time you got up now.
- 1 It would be nice to live in the countryside. (wish)

- 2 I think we should leave half an hour earlier. (prefer)

- 3 It's 2 pm and I haven't had lunch yet. That's why I'm so hungry! (time)

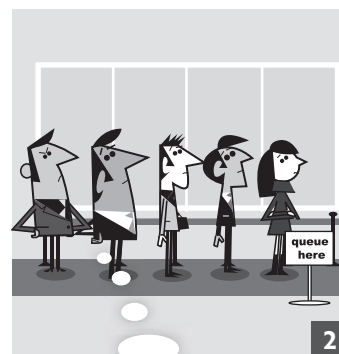
- 4 I'd like it to stop raining now! (only)

- 5 My choice would be to take a taxi. (prefer)

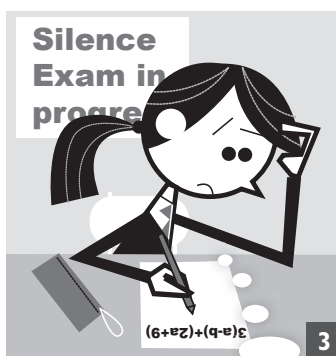
4 ★★ Complete the sentences with your own ideas.



I'd prefer to _____



I wish _____



If only _____



It's time _____

Adverbs for modifying comparatives

SB page 25

5 ★★★ Complete the dialogue with the phrases in the list. There are three you won't use.

considerably quicker | far more | a lot | more complex
far bigger | it's way | be much | lot more

TIM So tell me about this book idea of yours. It's a kind of dream dictionary, isn't it?

JO No, it's ¹ _____ exciting than that. Think of it as a dream encyclopedia.

TIM So you use it to find out what your dream might mean.

JO No, it's ² _____ more useful than that. Yes, you can find out about your dream but it also gives you advice on how to act on this information.

TIM So I dream about a cat and then I look up 'cat' in your book and it tells me what my dream means and what to do about it?

JO No, it's considerably ³ _____ than that. You'll need to look at the context of your dream too.

TIM But how are you going to fit all of this in a book?

JO It's going to be ⁴ _____ than just a book. It's going to be a series of twenty books.

TIM Twenty! And you're going to write all this in a year?

JO A year? No, it's going to be ⁵ _____ than that. I hope to have it finished by May.

TIM But we're already in March!

6 ★★★ Rewrite the sentences including the word in brackets to modify the comparative. Sometimes this will change the meaning of the sentence.

1 He is as talented as his younger brother.
(nowhere near)

2 The Eiffel Tower is taller than I thought it would be. (far)

3 It is cheaper to take the bus than the train. (way)

4 That rollercoaster is as scary as it looks. (nothing like)

5 This exam is more difficult than the one you did last week. (significantly)

6 This situation is more serious than we first thought.
(drastically)

7 ★★★ Complete the sentences with your own ideas.

1 _____ is far more exciting than I thought it would be.

2 _____ is notably more difficult than when my parents were young.

3 _____ is significantly more interesting than playing computer games.

4 _____ is way easier than my teacher said it would be.

5 _____ is much more enjoyable than watching TV.

6 _____ is nowhere near as boring as _____.

7 _____ is not nearly as complicated as _____.

8 _____ is a lot more disgusting than _____.

GET IT RIGHT!

as ... as ...

Learners often omit *as* in *as ... as* phrases when using modifiers.

✓ *Bill is nowhere near as clever a builder as Bob.*

✗ *Bill is nowhere near clever a builder as Bob.*

Rewrite the following sentences with *as ... as* using *not nearly*, *nowhere near* or *nothing like*.

0 I'm surprised but you are much more surprised than me.

I'm not nearly as surprised as you. /

I'm nowhere near as surprised as you. /

I'm nothing like as surprised as you.

1 My dream was strange but yours was far stranger!

2 Some countries don't value the importance of sleep while other nations value it much more.

3 Working in this office isn't very interesting. My dream job is much more interesting.

4 Brazilians take naps far more than the Japanese.

5 Dream incorporation is much less mysterious than it seems.

VOCABULARY

Word list

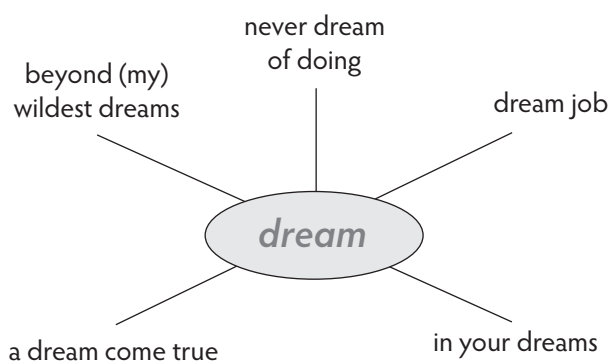
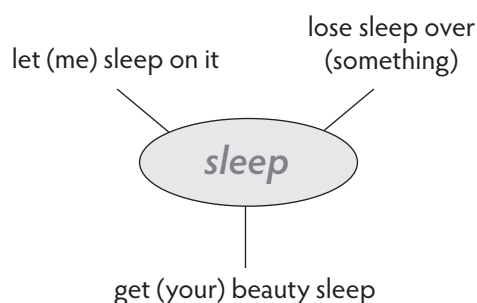
Sleep

nod off
fall asleep
lie in
a light sleeper
fast asleep
snore loudly
under the covers
take a nap

a lack of sleep
oversleep
skip sleep
get enough sleep
get 7 hours' sleep



Idioms with *sleep* and *dream*



Key words in context

cast	The cast of this film is unknown. I've never heard of any of the actors.
disquieting	There might be a war between the two countries – it's very disquieting for the people who live there.
exaggerated	I think saying that this is the worst day of your life is a bit exaggerated , isn't it?
head start	I'll give you a five-minute head start but I'll still get home before you.
immune system	The doctors say my immune system is weak and I'm likely to catch viruses more easily.
invade	The war started when one country decided to invade the other.
limb	I know he broke a limb . I think it was his right arm, or was it his leg?
optimum	I think 32 is the optimum age for getting married.
paralysed	He was paralysed from the neck down after the accident.
prone	I'm prone to getting headaches if I stay out in the sun too long.
surge	As soon as the doors opened all the fans surged towards the stage.
trigger	The government's decision to stop free healthcare triggered protests all over the country.

Sleep SB page 22

1 ★★★ Match the phrases with the definitions.

- | | |
|--------------------|--------------------------|
| 1 take a nap | <input type="checkbox"/> |
| 2 lie in | <input type="checkbox"/> |
| 3 a light sleeper | <input type="checkbox"/> |
| 4 fast asleep | <input type="checkbox"/> |
| 5 snore loudly | <input type="checkbox"/> |
| 6 nod off | <input type="checkbox"/> |
| 7 fall asleep | <input type="checkbox"/> |
| 8 under the covers | <input type="checkbox"/> |
- a to stay in bed later than usual in the morning
 b someone who is easily woken up
 c to breathe in a very noisy way while you are sleeping
 d to start to sleep
 e to begin sleeping, especially not intentionally
 f in bed, under the bed sheets
 g have a short sleep, especially during the day
 h sleeping deeply

2 ★★★ Complete the text with the phrases from Exercise 1.

I like sleeping. You might say it's one of my hobbies. At bedtime I always ¹ _____ really easily. I like to get at least eight hours a night if I can and sometimes I'll ² _____ in the afternoon. I've also been known to ³ _____ on the school bus on the way home. That can be a bit embarrassing. I'm not really a big fan of early mornings. That's why I like the weekends so much when you have a chance to ⁴ _____ (if Mum and Dad let me, that is). During the week I have to get up at 7 am, which is really hard and sometimes my parents have to practically pull me out from ⁵ _____ to get me out of bed. I share a bedroom with my twin sister. She likes her sleep too and sometimes she ⁶ _____ really _____. Luckily I'm not a ⁷ _____ so I don't really hear her. I'm usually ⁸ _____ by the time she goes to bed anyway!

3 ★★★ Choose the correct options.

- I sometimes forget to set my alarm and *lie in / oversleep* in the mornings.
- My brother doesn't get *full / enough* sleep – he plays computer games all night!
- I think it's really bad to *skip / lack* sleep when studying for exams.
- She's suffering from a *lack / need* of sleep.
- I like to try and *get / find* 8 hours' sleep a night.

4 ★★★ Write a short paragraph about your sleeping habits. Write about:

- how much you sleep
- where you sleep
- weekday mornings vs. weekend mornings

Idioms with *sleep* and *dream* SB page 25

5 ★★★ Put the words in order to make phrases.

- dreams / my / it's / wildest / beyond

- something / dream / that / of / I'd / doing / never / like

- a / true / come / dream / it's

- my / to / get / need / sleep / beauty / I

- sleep / it / lose / over / don't

- dreams / your / in

- me / it / on / sleep / let

- my / dream / it's / job

6 ★★★ Use the phrases in Exercise 5 to complete the replies in the mini-dialogues. Sometimes more than one may be possible.

- A So how do you feel about being chosen to be the new James Bond?
B _____
- A Tommy, you didn't eat my chocolate bar that was in the fridge, did you?
B Me? _____
- A I'm a bit worried about my driving test tomorrow.
B Well _____. I'm sure you'll be fine.
- A What – you're off to bed already? It's only 9 o'clock.
B I know but _____
- A So what do you say? Shall we go camping this weekend?
B I'm not sure. _____ and I'll give you an answer in the morning.
- A Do you think Michelle Saunders would go to the cinema with me?
B _____
- A So, what's it like being a pilot?
B _____. It's perfect.
- A How does it feel being reunited with your long lost twin sister?
B _____. Something I thought would never happen.

READING

1 REMEMBER AND CHECK Answer the questions. Then read the article on page 21 of the Student's Book again and check.

- 1

Why are the results from a recent survey into teenage sleeping habits worrying?
- 2

What effects of a lack of sleep are being seen in schools?
- 3

What physical and mental health problems can a lack of sleep cause?
- 4

Why can teenagers be excused for their 'anti-social' sleeping habits?
- 5

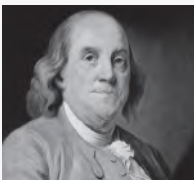
What decision could be taken by the authorities to help address the problem?
- 6

How can teenagers be encouraged to tackle the problem on a personal level?

2 Read the article and choose the best title for it.

- A Good sleeping habits
- B The night-time secrets of success
- C Achieve more with a good night's sleep

It's no secret that getting a good night's sleep is an important part of leading a healthy lifestyle. Of course, not everyone needs the same amount of sleep but what is generally agreed on is that the quality rather than quantity of your sleep time can have a huge influence on your wellbeing during the day. And, as many doctors agree, one way of ensuring that quality is to look closely at your pre-sleep routine. We can look to some of the world's most important people as examples of how to go about doing this.



The American inventor and politician Benjamin Franklin liked to ask himself the same question just before going to sleep; 'What good have I done today?' In his autobiography he wrote that by answering this question at the end of each day, he hoped to achieve 'moral perfection'.

He also listed other routines such as putting things in order, having supper, listening to music or chatting.

Of course, it's not always so easy to find time to relax in the evenings when you're in charge of one of the world's largest economies. Former US president Barack Obama has referred to himself as a night owl and would often still be discussing business with his staff until 11 pm, although he would always try and have dinner with his family and put his children to bed before getting back to work.



Many of today's top business people have also described their night-time habits. Sheryl Sandberg is the chief operating officer for Facebook. Even though she works in an industry in which communication is vital, she realises the importance of having time to

yourself and makes sure her phone is switched off at night to avoid being woken up, although she admits this can be tricky.

In the world of computing, you won't find a bigger name than Bill Gates. The co-founder of Microsoft and one of the world's richest men has described how he likes to put aside around an hour each night before he goes to bed to read. He particularly enjoys biographies, history books and magazines such as *The Economist* and *Scientific America*. He finds the practice helps him get to sleep although he does admit that a really good book can keep him up much later. He also strongly recommends getting a good seven hours' sleep, though he admits it's not always possible to do so.

When it comes to how long you sleep, it'll be hard to find anyone to beat Mariah Carey. The pop sensation has said that she likes to get around 15 hours a night. That's nearly two thirds of the day! Mariah says that she needs this much to ensure she can hit those incredible high notes she's so famous for.



But perhaps the person with the most particular routine is the horror writer Stephen King. He explains that his pillows have to be lined up in a certain way with the open side pointing to the other side of the bed. He admits that he has no idea why things have to be this way. However, having sold more than 350 million books in his career, why mess with a winning formula?

3 Read the article again and answer the questions with the surname of the person (sometimes there is more than one possibility):

Who:

- 1

sometimes goes to sleep later than they intended to?

- 2

does something they find difficult to do?

- 3

likes the bed to be arranged in a particular way?

- 4

liked to analyse what they had done during the day?

- 5

made sure their evenings was not all work?

- 6

claims good sleep is needed to help them in their profession?

4 Write a short paragraph about what you do before you go to bed each night.

DEVELOPING WRITING

A proposal

1 Read the proposal and answer the questions.

What is the difference between a duvet day and a ...

- a sick day? _____
b holiday? _____

Subject: A proposal to introduce 'duvet days' to the company

The principal aim of this proposal is to evaluate the effect sick days have on our company and to recommend the introduction of 'duvet days' to help the situation.

According to a recent report the average UK worker takes 9.1 sick days a year, and these unscheduled breaks are costing the UK economy around £29 billion per annum. Furthermore, it shows that in around 12% of these cases the illnesses aren't genuine.

In an ever-changing working environment, people are spending longer at work. This is leading to cases of stress which in turn are causing our staff to take more and more sick days.

In a number of companies, 'duvet days' have been introduced to help combat this problem. In brief, a duvet day is an officially endorsed day when a worker can choose not to come into work for reasons which they do not need to specify. Unlike holiday entitlement, employees do not have to prearrange these days.

We firmly believe that by allocating our employees a number of duvet days each year, we will allow them to manage their own time more effectively and avoid the complications caused by overworking. They will still be expected to meet their deadlines on time but duvet days will offer them more freedom in achieving this.

We strongly recommend that the company conduct a trial run of offering duvet days. We suggest that the effects of this on the company should be monitored and if these are shown to be beneficial, duvet days should be made part of company policy soon.

Writing tip: a proposal

Proposals are similar to reports in that both writing genres aim to give information about a situation. However, proposals also make recommendations for future action.

- Start your proposal by saying what it is about.
- You should then outline the background information, using statistical evidence if relevant.
- The next paragraph should detail your ideas on what should be done to improve this situation, pointing out all the benefits from the proposed course of action.
- Finally, a short paragraph is needed to emphasise why you feel your proposal should be adopted.

2 Complete the examples of useful language with the phrases used in the proposal.

Ways of introducing the reason for the proposal

- The main purpose ...
- The prime objective of ...
- The intention of ...
- 1 _____

Introducing statistical information

- The results of a recent survey suggest ...
- A scientific study has shown ...
- The findings of the latest opinion polls are ...

2 _____

Ways of putting across your opinion

- It is our belief ...
- In our opinion ...
- 3 _____
- 4 _____

3 You want to introduce duvet days to your school. Add two more points to each list.

Benefits

- It will allow students to recover from illnesses.
- _____
- _____

Points to consider

- How will students catch up on work they miss?
- _____
- _____

4 Write a proposal recommending duvet days for students at your school. Write 220–260 words.

CHECKLIST


☐
☐
☐
☐
☐

LISTENING

1 06 Listen to the conversations. What's keeping these people up at night? Write the names *Bobby*, *Jackie* or *Olivia* under the pictures. There is one extra picture.



1 _____



2 _____



3 _____



4 _____

2 06 Listen again and mark the sentences T (true) or F (false).

Conversation 1

- 1 The police didn't do anything about Bobby's complaint. ☐
- 2 Bobby has decided that earplugs are his last chance of getting a good night's sleep. ☐

Conversation 2

- 3 Jackie's had problems with dogs barking in the past. ☐
- 4 Jackie thinks her house might be haunted. ☐

Conversation 3

- 5 Olivia's brother has had a snoring problem for a few years. ☐
- 6 Megan defends Olivia's brother. ☐

3 06 Complete the advice with the missing suggestions. Then listen again and check.

Conversation 1

- 1 Well, you might want to consider _____

Conversation 2

- 2 I recommend _____ to come and have a look.

Conversation 3

- 3 Well try not to _____
- 4 I find that _____ is a good way of falling asleep.

DIALOGUE

1 Complete the dialogue with the missing lines.

- LINDA Hi Dave. How's the house going?
- DAVE ☐
- LINDA Four weeks!
- DAVE ☐
- LINDA Well, try not to think about it too much. It'll look wonderful when it's finished.
- DAVE ☐
- LINDA And while you're waiting, the insurance company's paying for a hotel, right? How is it by the way?
- DAVE ☐
- LINDA You might want to consider talking to the manager. Four weeks is a long time to be sleeping on an uncomfortable bed.
- DAVE ☐
- LINDA I recommend getting your own pillows from your house.
- DAVE ☐
- 1 That's not a bad idea. I could ask him to change the pillows too.
 - 2 It's OK, nothing special. The bed's a bit uncomfortable though.
 - 3 I certainly hope it will.
 - 4 The builders say they'll need another four weeks.
 - 5 I might just do that. They're one of the few things that didn't get ruined by the flood.
 - 6 Yes, the water did a lot of damage.

2 Write a dialogue of about 10 lines between someone who has a sleeping problem and a friend who is trying to give them some advice.

Pronunciation

Different ways of pronouncing *c* and *g*
Go to page 118.



Reading and Use of English Part 1

Exam guide: multiple-choice cloze

Part 1 of the Advanced Reading and Use of English exam is designed to test your knowledge of vocabulary. Unlike Part 2 (the open cloze) you will not be tested on grammatical structures. Areas of vocabulary that commonly feature include: idiomatic language including phrasal verbs, fixed phrases, words with similar meaning and collocations.

- Look carefully at the meaning of the sentence which the words are in. Sometimes you will also need to consider the sentence after. Make sure that the word you choose makes sense in the sentence.
- Look carefully at the words immediately before and after the gap. These will give you clues as to whether the word is part of a fixed phrase.
- Finally, if you have time, read through the whole passage again with your choices in place. Does the text make sense with the words that you have chosen?

- 1 For questions 1–8, read the text below and decide which answer (A, B, C or D) best fits each gap. There is an example at the beginning (0).

A cure for snoring

I'm what you might describe as a (0) _____ sleeper. I'll wake up at the slightest noise and usually find it difficult to get back to sleep. (1) _____ I rarely get a good night's sleep, meaning I'm often moody and irritable throughout the day. I've also been known to nod (2) _____ at my desk, much to the amusement of my colleagues. More often than not, it is my husband's snoring that (3) _____ my sleeplessness. Although I'm usually fast asleep when he comes to bed, it's never long before his snoring (4) _____ my sleep and I'm wide awake not long after.


Therefore, when I read about a miracle cure for people who snore promising a 100% success guarantee it was something (5) _____ my wildest dreams. My husband was a little unsure, but then he denies that he has a problem in the first place. The treatment involves the insertion of a small appliance that sits between your teeth and (6) _____ a blockage of the soft tissue at the back of your throat, which is what causes the snoring. It's simple, easy to fit and not (7) _____ expensive. That final consideration is what has led my husband to reluctantly agree to (8) _____ it a go. Hopefully, this time next week my sleeping problem will have been solved.




- | | | | |
|-----------------|--|----------------|-----------------|
| 0 A weak | <input checked="" type="radio"/> B light | C heavy | D fragile |
| 1 A Contrary | B Resultantly | C Consequently | D However |
| 2 A off | B through | C over | D out |
| 3 A begins | B makes | C triggers | D generates |
| 4 A intrudes | B interferes | C interrupts | D infects |
| 5 A further | B afar | C outside | D beyond |
| 6 A avoids | B prevents | C causes | D cleans |
| 7 A offensively | B shamefully | C outrageously | D disgracefully |
| 8 A try | B have | C offer | D give |

CONSOLIDATION

LISTENING

- 1  08 Listen to Lydia talking to Paul about being the eldest child. Which of these complaints does she have?

- ☐ She can never do well enough at school for her parents.
- ☐ Her parents expect her to help out in the house too much.
- ☐ Her parents give her younger sister more freedom.
- ☐ Her parents expect her to act more maturely.
- ☐ She's not allowed to go to parties.
- ☐ Her parents think she treats her younger sister badly.

- 2  08 Listen again and decide if the sentences are T (true), F (false) or DS (doesn't say).

- 1 Lydia's favourite subject at school is PE. ☐
- 2 Lydia feels that her parents have forgotten what it's like to be young. ☐
- 3 Lydia wants her parents to tell her that they're proud of her. ☐
- 4 Lauren is two years younger than Lydia. ☐
- 5 Lydia's parents accuse her of not doing what is expected. ☐
- 6 Paul doesn't really sympathise with Lydia. ☐
- 7 Paul is one of three brothers. ☐
- 8 Paul often sticks up for his brother. ☐

GRAMMAR

- 3 Rewrite or correct the sentences to include the word in brackets.

- 1 I don't know why I said that. (honestly)

- 2 If we didn't have to go to school today. (only)

- 3 That was the worst game of football ever played. (surely)

- 4 It's quicker to walk there than to take the car. (far)

- 5 My brother is trying to get me in trouble. (always)

- 6 I'd prefer take a break and finish this tomorrow. (to)

- 7 The test was nowhere as difficult as I thought it would be. (near)

- 8 We used be friends until he started going out with my sister. (to)

VOCABULARY

- 4 Match the sentence halves.

- | | |
|---|--------------------------|
| 1 If you're feeling tired, | <input type="checkbox"/> |
| 2 If you don't need to get up early tomorrow, | <input type="checkbox"/> |
| 3 If your brother snores so loudly, | <input type="checkbox"/> |
| 4 If you're a light sleeper, | <input type="checkbox"/> |
| 5 If she's getting on your nerves, | <input type="checkbox"/> |
| 6 If you're getting bullied at school, | <input type="checkbox"/> |
| 7 If she's already said sorry, | <input type="checkbox"/> |
| 8 If you're scared of making things worse, | <input type="checkbox"/> |
| a why don't you sleep in a different room? | |
| b why don't you avoid her for a while? | |
| c why don't you just let her be? | |
| d why don't you lie in? | |
| e then don't say anything to her. | |
| f why don't you have a word with your teacher? | |
| g why don't you take a quick nap before dinner? | |
| h why don't you wear earplugs? | |

- 5 Choose from the words in the list to describe these people.

traditional | rebellious | demanding
self-centred | outgoing | insecure

- 1 'I love travelling by bus. There's always someone new to talk to.'

- 2 'I don't care what Dad says. I'm going to that party tonight.'

- 3 'I'm not having a birthday party in case no one comes.'

- 4 'The audience is obviously here just to see me.'

- 5 'I believe that a man should always open a door for a lady.'

- 6 'Get me a glass of water – now!'

DIALOGUE

6 Complete the dialogue with the phrases in the list. There are two you won't use.

light | always taking | rebellious | did you
self-centred | tell me | consider getting
didn't you

ALICE ¹_____ you haven't taken my alarm clock again.

JODY My phone stopped working, and I need to get up really early tomorrow.

ALICE So you thought you could just take mine,
2 ?

JODY Well, you never use it. You're a really
3 _____ sleeper.

ALICE That's not the point. It's mine and you should ask. You're ⁴ _____ my things without asking.

JODY Someone's in a bad mood today. You might want to ⁵_____ a bit more sleep.

ALICE Actually I'm not. I'm just tired of you being so ⁶

READING

7 Read the article and answer the questions.

- 1 Why does the writer believe people should care more about their beds?

- 2 What gadgets does the Jado Steel Gold Bed have?

- 3 How much more expensive is the floating bed than the Iado Steel Gold Bed?

- #### 4 How does the floating bed work?

- 5 How is the royal bed described?

- 6 In what circumstances was it discovered?

WRITING

8 Think about your perfect bed and write a paragraph to describe it. Write about 200–220 words. Include:

- what the bed is made of
- what features it would have

Amazing beds

Considering we spend around a third of our lives in or on our beds, they should be the most important item of furniture in the home. Yet with the average bed costing around £500, most people are happy to spend more on their home entertainment system than they are on their bed. I decided to take a look at what you could get if you decided to pay a bit more.

For example, with around £440,000 you could get yourself a Jado Steel Gold Bed. This bed comes with all the luxury you would expect at such a price tag. It is coated in gold and has Swarovski crystals embedded into the headboard. But what really makes this a teenage dream bed are the 'extras' that are included: a PlayStation games console, a BOSE sound system, Blu-ray player and plasma TV screen that folds away when you finally decide to get some sleep. Oh, did I forget to mention that the TV is also coated in gold?

If you'd prefer to spend your extra cash on technological innovation (rather than a whole load of gadgets) then can I suggest the magnetic floating bed? It will cost you quite a bit more (just over £1 million in total) but your bed will certainly be the talking point of your home. Designed by Dutch architect Janjaap Ruijsenaars and taking more than six years to develop, this bed refuses to obey the laws of gravity as it floats just under half a metre above the floor. It uses an amazingly strong magnetic field to do so, which I presume doesn't affect your sleep.

But for the ultimate bedroom showpiece, how about one that is nearly 500 years old and was once slept in by British royalty? This solid oak, four poster bed with elegant carvings belonged to King Henry VII and his wife Elizabeth of York. It was only discovered a few years ago when a team of builders came across it while renovating a small hotel in Chester. They left it outside in the yard where it remained for days until a man from a local auction house came to pick it up. The bed was then bought at auction by Ian Coulson, a collector and four poster bed expert. He paid £2,100 and then set about finding out more about his new bed. After extensive DNA testing it was confirmed to have belonged to the king. So what would this one-of-a-kind royal bed now cost you? Around £20 million!